

# THERAPEUTIC PROGRAMS

## TR CREATIVE MOVEMENT

Designed for the early development of dance and movement. The class will use a mixture of creative movement with a splash of hip-hop. Music is age appropriate.

Day: Thursdays  
Date: Course # W11086 January 6 - 27  
Course # W11087 February 3 - March 3  
Course # W11088 March 17 - April 21  
Time: 6:00 p.m. - 7:00 p.m.  
Fee: \$48 per session  
Age: 14 & older  
Location: Kiwanis Center  
**\* No class February 24, March 24, April 28!**

## TR ZUMBA GOLD

The goal is simple! We want you to work out and have fun doing so. Join us for the beat of Latin music and easy to follow moves.

Day: Thursdays  
Date: Course # W11089 January 6 - 27  
Course # W11090 March 10 - 31  
Time: 4:30 p.m. - 5:30 p.m.  
Fee: \$30 per person  
Age: 14 & older  
Location: Activities House

## TR ART.....CAN FREE THE SOUL Course # W11086

Winter time brings shades of blue and spring pastels begin to bloom. Our TR artists are creating pottery, and painting, mosaics, and sketches with watercolor that would make even Van Gogh and Monet jealous!

Day: Mondays  
Date: Course # W11091 January 10, 24, 31  
Course # W11092 February 7, 14, 28  
Course # W11093 March 7, 14, 28  
Course # W11094 April 11, 18, 25  
Time: 5:30 p.m. - 6:30 p.m.  
Fee: \$75 per session  
Age: 10 & older  
Location: Downstairs Activities House

## TR WII TENNIS TOURNAMENT Course # W11095

Tennis anyone? Let's have our own "Fayette County Open" to see who is the reigning tennis champion! Come out and let's see your skills!

Day: Tuesday  
Date: January 25  
Time: 6:45 p.m.  
Fee: \$3 per person  
Age: 14 & older  
Location: Activities House



## TR DEVOUR IN AN HOUR

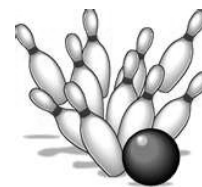
This group is designed to help participants work through social skills while in the community.

Day: Thursdays  
Date: Course # W11096 January 27  
Course # W11097 April 28  
Time: 11:30 a.m. - 2:30 p.m.  
Fee: \$5 per day  
Age: 16 & older  
Location: Depart from Activities House

## TR Wii BOWLING TOURNAMENT Course # W11098

Everyone loves to play the Wii! Come out and show off your bowling skills! We will have a competition, and a prize will be awarded for first place.

Day: Thursday  
Date: February 17  
Time: 6:45 p.m.  
Fee: \$3 per person  
Age: 14 & older  
Location: Activities House



## TR HAPPY FEET

Course # W11099

Grab a friend and join us for a leisurely walk in the park while burning calories and socializing. This class is extremely low impact and easy on joints and muscles. Pace your walking to walk as long as you are able.



Day: Mondays  
Date: March 28 - April 25  
Time: 4:00 p.m.  
Fee: None  
Age: 12 & older  
Location: Activities House  
**\*No class April 4!**

## TR MOTHER'S DAY AFTERNOON TEA

Bring your MOM and let's celebrate Mother's Day. We'll have tea, scones, or biscuits that have been made specially for our Moms. Come early and help setup so that your Mom will be surprised at the final hour. Bring your own very special mugs for both you and your mom!

Course # W11100

Day: Friday  
Date: April 29  
Time: 5:00 p.m. - 7:00 p.m.  
Fee: \$5 per person  
Age: 14 & older  
Location: Activities House



## TR KARAOKE NIGHT

Course # W11101

Have you always wanted to be a rock star? Well, now's your chance! Come out and join us for the famous Karaoke Night!



Day: Tuesday  
Date: March 29  
Time: 6:45 p.m. - 8:30 p.m.  
Fee: \$3 per person  
Age: 14 & older  
Location: Activities House

## TR ICE CREAM SOCIAL

Course # W11102

What flavor of ice cream and toppings do you like? Bring your favorite topping, add to what we have and join us for the social event of the year! Make sure to eat dinner beforehand; this will only be a dessert function.

Day: Thursday  
Date: April 21  
Time: 6:30 p.m. - 8:00 p.m.  
Fee: \$5 per person  
Age: 8 & older  
Location: Downstairs Activities House

